It can help to use the acronym CLEAR to remember these steps:

C

L

E

A

R

CONFIRM THEIR IMMEDIATE SAFETY AND FIND PRIVACY

If e ca afe e afe fa c be a -ca 911 c ac Ca Sec a 250-370-3075.

FIND A SAFE PLACE TO TALK

ASSIST THEM WITH SUPPORT AND INFORMATION

[illegible]

[illegible]

[illegible] ece e e e ced e a e ce a a [illegible] V c a Se a A a C c 24/7 a 1-888-494-3888 [illegible]

C e g Ce e [illegible] O ce f S de S [illegible]

[illegible]

Rec [illegible] e d e ea d ec e
Off ce f S de S , de
ea ab e f e f
a g e a e ce.

T e ff ce ca a e:

[illegible]